

Santa Clara Valley Athletic League

All League Team 2023-24

(Varsity Girls' /Water Polo/DeAnza)

| <i>Award</i> | <i>Athlete</i> | <i>School</i> | <i>year</i> | <i>position</i> |
|-------------------|-----------------|---------------|-------------|-----------------|
| MVP | Karly Frangieh | Los Gatos | 12 | |
| MVP Goalie | Rachel Stephens | Los Gatos | 12 | |
| MVP Field | Grace Henderson | Palo Alto | 10 | |

| | <i>Athlete</i> | <i>School</i> | <i>year</i> | <i>position</i> |
|-------------------|--------------------|---------------|-------------|-----------------|
| First Team | Karissa Elliot | Los Gatos | 12 | |
| | Abby Lockman | Los Gatos | 12 | |
| | Ella Ralston | Los Gatos | 12 | |
| | Mary Henderson | Palo Alto | 12 | |
| | Sabrina Meyer | Palo Alto | 9 | |
| | Katie Spitzer | Palo Alto | 10 | |
| | Sydney Lowell | Castilleja | 12 | |
| | Ella Debenham | Castilleja | 12 | |
| | Nina Albers | Gunn | 12 | |
| | Ravina Nath | Gunn | 12 | |
| | Sophia Boschken | Los Altos | 10 | |
| | Zoe Cammer | Harker | 9 | |
| | Keren Eisenberg | Harker | 11 | |
| | Allison Wu | Lynbrook | 12 | |
| Anna Koretsky | Fremont | 10 | | |
| Izzy Headley | Fremont | 11 | | |
| | | | | |
| Honorable | Meave Herbert- Paz | Palo Alto | 10 | |
| Mention | Cecila Smit | Castilleja | 9 | |
| | Summer Adler | Harker | 11 | |
| | Sahra Sutana | Los Altos | 12 | |
| | Elise Brougham | Gunn | 12 | |
| | Ava Roohipour | Lynbrook | 12 | |
| | Julia Ernsting | Los Gatos | 11 | |
| | Mia Macauley | Fremont | 11 | |